[CHARACTER NAME]

Role:

What is this character in the story?

Age & Occupation:

How old is your character? What does he/she do? How do they make money? And/or, what is their purpose in life?

Physical Description:

Can include ethnicity, race, a typical outfit they would wear, or a physical anomaly.

Personality:

**MBI Type:** aka. Myer-Briggs Personality Type

Can include anything pertaining to their personality.

* [Personality Trait 1]
* [Personality Trait 2]
* [Personality Trait 3…]

Habits/Mannerisms/Sexuality:

Can include quirks, ticks, their daily habits/schedule, or likes & dislikes.

* [Mannerism or Habit 1]
* [Mannerism or Habit 2]
* [Mannerism or Habit 3…]

Special Abilities:

Can include a super trait, talent, or power (if applicable) that is unique to this character or type of characters.

**Unique ability:** [text, if applicable]

**Additional abilities:**

* [Add. Power 1]
* [Add. Power 2]
* [Add. Power 3…]

Backstory Overview

A brief summary of your character’s backstory. When & where were they born? Who are their parents (even if your character doesn’t know)? How did they get to where they are in the story? Mention some pivotal moments that led them to their current fears, misbeliefs, wants/desires.

Internal Conflicts

**Wants/Desires:** *i.e. vision of happiness*

* [Main Want/Desire 1]
* [Main Want/Desire 2]
* [Main Want/Desire 3…]

**Misbelief:** *What are the biggest lies they tell themselves?*

* [Main Lie 1]
* [Main Lie 2]
* [Main Lie 3…]

**Fear:** *What inside of them is holding them back from achieving what they want?*

* [Internal Fear 1]
* [Internal Fear 2]
* [Internal Fear 3…]

**Needs/Lessons:** *What do they need to learn by the end of the story? (hint: usually the opposite of their fears and misbeliefs)*

* [Need/Lesson 1]
* [Need/Lesson 2]
* [Need/Lesson 3…]

External Conflicts

Aka. How will your character’s internal conflicts effect the plot?

**Motives:** *Why will they do the things they’ll do?*

* [Motive 1]
* [Motive 2]
* [Motive 3…]

**Stakes:** *What are the possible consequences of their main motives? What will happen if they fail?*

* [Stake 1]
* [Stake 2]
* [Stake 3…]

Extra Notes

Notes that don’t pertain to the story specifically, but is important to jot down about the character

* [Extra note 1]
* [Extra Note 2]
* [Extra Note 3…]